

HIFU in Puerto Vallarta, Mexico

Hotel Information

The recommended hotels for your stay in Puerto Vallarta:

The Westin Resort & Spa Puerto Vallarta

Paseo de la Marina Sur #205

Puerto Vallarta, Jalisco 48354 MEXICO

Phone: 52 322 226 1100

Reservations: 1-800-937-8461

Website: <http://www.Westin.com/PuertoVallarta>

Escape to 21 tranquil acres dotted with swaying palm trees and fronted by 879 feet of private Pacific Ocean beach. The Westin Resort & Spa, Puerto Vallarta offers all this splendor just minutes from the international airport and charming downtown.



The Westin - Puerto Vallarta

CasaMagna Marriott Puerto Vallarta Resort & Spa

Av. Paseo De La Marina No. 5,

Marina Vallarta Puerto Vallarta, Jalisco 48354 MEXICO

Mexico Phone: 52 322 226 0000

Reservations: 1-800-228-9290

Website: <http://www.CasaMagnaPuertoVallarta.com>

Nestled between the Sierra Madre Mountains and Banderas Bay, CasaMagna Marriott Puerto Vallarta Resort & SPA is a gateway to all the adventures and pleasures of Mexico. At the Marriott Puerto Vallarta, both couples and families can enjoy beautiful amenities.



Casa Magna Marriott, Puerto Vallarta

Making Travel Arrangements

- Contact HIFU Travel Consultant, Lesley Chambers, to assist you in making travel arrangements at 1-877-284-0623 or email her at Travel@InternationalHIFU.com.

Hospital Information

The HIFU procedure will take place at:

San Javier Hospital Marina

Francisco. Medina Ascencio 2760

Zona Hotelera en La Marina

Puerto Vallarta, Jalisco C.P. 48314

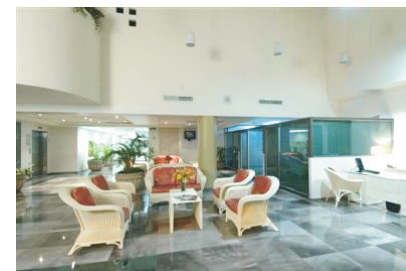
Tel: 226-1010 (if dialing locally in Mexico)

The HIFU procedure takes place in San Javier Hospital Marina, a Certified Specialty Hospital in Puerto Vallarta, Mexico. This is a private center with experienced staff devoted to providing HIFU while you are there.



San Javier Hospital Marina

The day before your procedure you will meet with a HIFU Team Member, to go over instructions for the day of your procedure and what to expect after HIFU. This meeting will take place **at 5pm in the Cafeteria on the Second Floor at San Javier Marina Hospital.** You will need to take a taxi from your hotel to the hospital. When you arrive at the hospital, enter into waiting area through glass sliding doors. There will be a flight of stairs (and an elevator) on your left just past the waiting area. At the top of the stairs take a right. If you enter through the Emergency Room door, you will see a very small waiting area and a desk. Tell them you are a HIFU patient and ask the person at the desk to show you to the cafeteria.



Waiting Area at San Javier Hospital Marina

On the day of the procedure the patient is picked up from the hotel and transported to the hospital. After the procedure and recovery, the patient is transported back to the hotel to recover more comfortably. In some instances it may be necessary for the patient to take a cab to the hospital. In this case, simply ask the hotel to call you a taxi, the ride to the hotel should take approximately five minutes and cost a couple dollars (\$3-5). Upon arrival at the center, you will enter a small waiting area where you should wait until you are assisted by a HIFU nurse. During the procedure, spouses/partners or friends who accompany the patient will wait in the waiting area until the procedure is over and the patient is in recovery.



Typical Recovery Room at San Javier Hospital Marina

We recommend bringing magazines or books to read while waiting. There is a small shop in the hospital where drinks and snacks can be purchased. There are also a few restaurants and larger stores, including a Wal-mart, nearby that can be accessed with a short walk or cab ride.

-Travel Information on back-

Travel Information

Traveling by Air

The Puerto Vallarta International Airport, is served by twelve major airlines and located in the northern section of the city, just past Marina Vallarta. **You will need a valid passport to travel to Puerto Vallarta.** Please make sure your passport is updated and does not expire within 6 months of the day you plan to travel. Transportation to and from the airport is done mostly by taxi. Upon clearing customs and immigration you will pass through a set of automatic glass doors into a long hallway filled with time-share and tours representatives eager to show you different packages outlined on their clipboards-unless you are interested in either of these (time shares or tours) simply keep walking until you arrive at the TAXI stand at the END OF THE HALL.

The Marriott and the Westin DO NOT have any official representatives at the airport so do not pay attention to those individuals asking you what hotel you are staying at and offering a ride to your hotel while trying to sell you a tour or time-share. Simply walk to the booth marked TAXI and have them take you to the hotel direct. The cab ride should only last about 10 minutes and fares will vary slightly based on baggage and number of persons.

Traveling by Taxi

The easiest way to get around in Puerto Vallarta is by taxi. You can always ask the concierge at the hotel to call you a cab. Most drivers will accept US dollars, but they will only give change in Mexican Pesos; therefore, we recommend keeping small bills with you for cabs.

-Things to See & Do in Puerto Vallarta-

Puerto Vallarta is a beautiful destination with a lot to offer if you are interested in extending your stay or checking out some of the sites during your stay. There is beach and pool access from the hotel, but if you feel like seeing more of Puerto Vallarta, here are a few local attractions and activities (distance from hotel in parenthesis).

- Marina Vallarta (0.1 mi/0.1 km)
- Plaza Marina (Shopping) (1.0 mi/1.6 km)
- Plaza Caracol (Shopping) (1.0 mi/1.6 km)
- Bull Fights at Plaza de Toros (2.0 mi/3.2 km)
- Marina Vallarta Golf Club (2.0 mi/3.2 km)
- Caletas Boat Trip (3.0 mi/4.8 km)
- Rhythms of the Night Dinner Cruise (3.0 mi/4.8 km)
- Puerto Vallarta - Downtown (7.0 mi/11.3 km)
- Cuale River Island (8.0 mi/12.9 km)
- Vista Vallarta Golf Club (8.0 mi/12.9 km)
- Flea Market - Market Place (8.0 mi/12.9 km)
- Dolphin Center (10.0 mi/16.1 km)
- Plaza Genovesa (Shopping) (10.0 mi/16.1 km)
- Whale Watching (10.0 mi/16.1 km)
- Nuevo Vallarta (13.0 mi/20.9 km)
- El Eden Falls (16.0 mi/25.8 km)
- Bucerias Village Town (19.0 mi/30.6 km)
- Los Arcos - Ecological Ocean Park (20.0 mi/32.2 km)
- Punta de Mita (28.0 mi/45.1 km)



Marina Vallarta

Check out more attractions at www.VisitMexico.com or www.PuertoVallarta.net. You can also ask the hotel about any of these attractions and they will be happy to help or give further suggestions.

Questions or Concerns?

If you have questions about any of this information please call **1-888-874-4384** and someone will be happy to help you.

The information given on this travel sheet came from the Hotel, Hospital, and Tourism website listed, and International HIFU is not responsible for the information being conveyed.

HIFU with Sonablate® 500 is not approved for use in the U.S. The Sonablate® 500 remains investigational in the U.S. and is being studied for the treatment of prostate cancer in clinical trials in the U.S. The FDA has made no decision as to the safety or efficacy of the Sonablate® 500 for the treatment of prostate cancer. Currently the device is approved for use in Canada and the Dominican Republic, authorized in Argentina, and available in the Bahamas and Mexico.